



# SENIOR SCROLL

## SENIOR RESOURCE SERVICES

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### Volume 4-Issue 1

#### January 2011

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#### Senior Resource Services

#### 2009-2010 Board Of Director Officers

*Stu Wright-Chair*

*Bill Edwards-Vice Chair*

*Connie Gentle-Treasurer*

*Kelly Richardson-Secretary*

#### Board Members

*Karren Roth*

*Connie Berman*

*Mike Johnson*

*Liz Sage*

#### Associate Members

*Gordon Johnson*

*Gretchen Truesdell*

*Kenna Johnson*

*Perry Buck*

#### Executive Director

*DeeAnn Groves*

#### Office Staff:

*Becky Sperber*

*Sue Martin*

#### Coordinators:

*Lynn Weitzel*

*Laura Young*

*Lisa Hoxie*

#### Mission Statement:

***We are a non-profit organization assisting the elderly and their families in addressing the issues of aging.***



#### An Update on Rules and Regulations

**DeeAnn Groves, MA Gerontologist, Executive Director**

Medicare covers home health services for individuals who are confined to their homes and in need of skilled nursing care on an intermittent basis or physical therapy,

speech/language pathology, or where they have a continuing need for occupational therapy. To qualify for coverage, a patient must be under the care of a physician who certifies the need for care and that the individual is confined to his home.

There has been a recent change in the law that will encourage greater involvement of the physician in a patient's home health care services. On January 1, 2011 the Patient Protection Affordable Care Act issued a final regulation whereby Medicare will pay for home health services only when a patient has had a Face-TO FACE encounter with the physician or certain non-physician practitioners working with the physician, that certifies that home health plan of care in the 90 pays prior to or 30 pays of the start of services.

This face-to face encounter must be:

- Made by the physician (or non-physician practitioner) responsible for certifying home health.
- Related to the primary reason for which the patient requires home health services
- Made within 90 days prior to, or within 30 days of, the start of home health.

Documentation of the certification of a face-to-face encounter must include:

- Date of encounter
- Indication that the encounter was related to the primary reason for home health
- An explanation of how the clinical findings of the encounter support the need for skilled nursing or therapy services
- An explanation of why the clinical findings of the encounter support that the patient is homebound
- Your signature and date of that signature

This requirement is quite complex so please ask your doctor to assist you if there is a need for home health services.

I hope the Senior Resource Services staff are assisting you to remain independent and you are enjoying the companionship of our devoted Volunteers. If we may answer any questions that you may have, please call our office.



### **LISA HOXIE JOINS SENIOR RESOURCE SERVICES AS COORDINATOR FOR SOUTHERN WELD COUNTY**

Senior Resource Services is happy to announce the addition of Lisa Hoxie. Lisa joined SRS this month and is coordinating the southern Weld County area including Frederick, Firestone, Erie, Ft. Lupton, Johnstown, Milliken, Platteville and Gilcrest. Lisa will be active in these communities recruiting volunteers and registering clients. If you know of any individuals in Weld County who may need our help, or may want to volunteer, please call our office.

Lisa, her husband and son moved from Atlanta over a year ago looking for a better quality of life and found it here.

Lisa brings to SRS an extensive history of volunteering, serving on boards and building relationships. Senior Resource Services looks forward to Lisa's expansion of our current program of assisting the aging and their families. The photo depicts Lisa visiting with a new client.

### **A MESSAGE FROM LYNN AND LAURA**

As volunteer coordinators for Greeley, Northern Weld and the surrounding areas, we would like to extend an enormous Thank You to our wonderfully dedicated volunteers. The past few months have been very busy with a high number of requests from our clients. Fortunately, we were able to fill these requests due to your generosity of time, vehicle, and gas. We have heard from many of you (the volunteers) how enjoyable it has been to be able to help our local seniors. With the start of the new year we would like to remind you to keep track of your time and mileage to send in to the office each month. We use the data when submitting grants and other funding requests. Also, in case you were not aware, you can turn in your mileage on your income taxes, so that is another reason to keep track each time.

To our clients (long standing and new), we have heard from several of our volunteers regarding the heartfelt thanks you have expressed to them individually. Because of your gratitude our volunteers are willing to stay with us. With our continued client growth, as you turn in your requests, we really do appreciate you being able to give us ample notice (we even take requests weeks in advance!) If you are a client that uses our services for hair appointments and you are getting a perm, please try to let the office know the week prior seeing how these appointments take extra time.

A couple of reminders about cancellations: Please be mindful about cancelling. Remember that the volunteer has blocked off that particular day/time to give to you as a client. Of course if you are ill we definitely don't want you out and about. Please call the office as soon as possible so that we can have enough time to notify the volunteer. Now that our weather has finally shown signs of winter, if you or the volunteer feel uncomfortable getting out in the snow please call the office to cancel.

### **SENIOR YELLOW PAGES**

With thanks to our funders, Wells Fargo Bank and the Exchange a Senior Yellow Pages with resource phone numbers that are Weld County. This handy resource provides all contacts that pharmacies, support groups, legal information, Medicare and health agencies. We have distributed these through our volunteers and hopefully everyone who wants one has received one. They are going fast and have become very popular. This project took 2 years to complete. We used student volunteers and interns to compile the information.



Club of Greeley we printed helpful for the Seniors in Seniors may need including: Medicaid contacts and

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### SOUP IN A SACK

With the cold winter months upon us, we decided to provide soup in a sack (yes that's right, but of course the soup is in a can) along with other nutritional food and personal items and deliver them to some of our seniors. We asked for donations for the food items, or monetary contribution from service organizations and individuals and received an overwhelming response. We will be working with students to deliver the sacks. This project will begin the end of January and run for several months or until we are out of food. Please call us for more information.



### Volunteer Spotlight

#### **Peggy Campbell, Ethel Condon, Andy Tiquet, Dwane Raile, Judy Clarke**

If you are a volunteer and you mail, hand deliver, or complete your volunteer activity log on line by the 7<sup>th</sup> of each month then we enter your name into a drawing. The monthly winners are listed below:

- **Peggy Campbell** received 2 lunches at 3 Margaritas. Peggy has been a volunteer with SRS since April of 2009. Peggy creates wildlife sculptures and enjoys the outdoors.
- **Ethel Condon** has been volunteering for SRS a year now. She is a retired school teacher and an avid tennis player. Ethel received a gift card for reporting her volunteer hours.
- **Andy Tiquet** received a movie pass to Cinemark. Andy is a new volunteer that joined in October. Andy is a retired postal employee.
- **Dwane Raile** was recruited as a volunteer in 2008 by his daughter Becky that works in the SRS office. Dwane received a gift card to Farmer's Mexican Restaurant. Dwane is a retired administrator from Aims College and he enjoys fishing and going to Texas for the winters.
- **Judy Clarke** also joined in 2008 and has been a premier volunteer. She provided transportation for the Salt Lake County Services before moving to Greeley. Judy enjoys bowling and spending time with her grandchildren. Judy received a gift card to Walmart.

Another way for our volunteers to receive gift cards is to refer a friend to us that would like to volunteer.

### PROVIDING SERVICE TO OUR SENIORS

Senior Resource Services is growing at an unprecedented pace. Never in our wildest imagination did the DeeAnn Groves believe that in three and a half years we would be serving 221 clients and providing free services covering all of Weld County.

In 2007 we opened our doors at 1802 16<sup>th</sup> Street in Greeley with 1 volunteer and 1 client, a part-time Executive Director and a part-time office person. With the belief of the community and financial support from generous foundations we have listened to the Seniors in Weld County and assisted them to remain independent for as long as possible. Of course none of this is possible without the caring volunteers who lovingly dedicate a few hours to enhance the lives of those they help.

Our most popular program is the free transportation to medical appointments, hair appointments, grocery shopping and special events. In the last few months we have provided more "Caregiver Time Out services by just being a special friend and having a volunteer visit with our Senior in their homes. The winter months become long without a friendly visitor to brighten the days.

### **SUNDAE IN THE PARK**

Senior Resource Services held their annual fundraiser on Grandparent's Day, September 12, 2010. This was the first year to host the event at Sanborn Park and have an old fashioned gathering with cake walks, music, pop the balloon and prizes. Gift baskets were given to oldest in attendance and to the family with the most generations. Of course, there were free refreshments including cake, ice cream and beverages for all of those in attendance. What better way to spend a nice Sunday afternoon with friends and family. Over 200 people attended the event. Elementary schools in the Greeley area participated in an essay contest writing on "*How Special Are My Grandparents*". The essay winners were announced and they received a bicycle and helmet. A



special thank you to our \$500 sponsors: **Big Foot Turf, Phelps-Tointon, UNC Foundation, Grace Pointe, and Humana** for making this a fun event for all generations and supporting Senior Resource Services.

**Be sure to mark your calendar and plan to participate on Sunday, September 11, 2011.**

Senior Resource Services  
1802 16<sup>th</sup> St.  
Greeley, CO 80631



