



SENIOR SCROLL

SENIOR RESOURCE SERVICES

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Coordinators:

Lynn Weitzel

Laura Young

Lisa Hoxie

Mission Statement:

We are a non-profit organization assisting the elderly and their families in addressing the issues of aging.

Cathy Randel Receives Athena Award



On Sunday, April 17th Senior Resource Services held the 3rd annual volunteer recognition event at the Evans Community Center. Over 50 individuals were in attendance. All the volunteers present received a certificate of appreciation and gift cards for their part in giving over **3,900** volunteer hours in one year helping the Seniors in Weld County. If you were unable to attend this year, we look forward to seeing you next year as this is a yearly event honoring all of our Volunteers.

The photo shows DeeAnn Groves, Executive Director presenting the Athena Award to Cathy Randel. The Athena Award is in memory of Mrs. Groves' mother who had Alzheimer's. This award is given to the premier volunteer with the most hours in one year. Cathy Randle had 278 hours assisting the elderly. The 2007-2008 recipient was Claudia Winters and the 2009-2010 recipient was Beth Gibbs.

A special thank you to the following donors: Advanced Auto Pros, Agland, Inc., Armadillo Border Grill and Cantina, Café Mexicali, Canton Garden, Carmike Cinemas, Cinemark Movie Theater, Evans Community Center, Family Tire and Auto Center, Farmers Inn, Fat Albert's, Happy Life Gardens and Nursery, King Soopers, New Plantation, Old Chicago, Olive Garden, Palomino Mexican Restaurant, Perkins, Pike's Auto Care Center, Rio Grande Mexican Restaurant, Safeway, Tavern at St. Michael's Square, Tavola, TGI Fridays, The Egg & I, The Kitchen, The Mad Cow, T & T Tire, Inc., Village Inn, Wal-Mart, and Windsor Shell Gas Station.



Nancy Allnutt Wins Flatscreen TV

During the SRS Volunteer Recognition Event all volunteers present were entered into a drawing for the 42" flat screen TV donated by Walmart. This

special drawing was a surprise contribution. The Volunteer Recognition event is coordinated by the Volunteer Coordinators, Lisa Hoxie, Laura Young and Lynn Weitzel. Thanks to their dedication and wanting to make this a special event to thank our wonderful volunteers the volunteers present each received gift cards donated to SRS by area businesses.

This year one of our grantors, El Pomar, recognized the good work Senior Resource Services provides for the community and in light of the high gasoline prices they gave us some funds to assist the volunteers with gasoline. The volunteers in attendance received a gift card for gasoline.



New Person – 2 – Person Program

Are you lonely and just need someone to talk to? Senior Resource Services is beginning Person-2-Person. The program is designed to provide an opportunity to reach out to seniors without social contact and caregivers of those of debilitating diseases. Volunteers will give a weekly phone call to brighten their day and give them the inspiration to enjoy each and every day to the fullest.

If you are interested in becoming a Person-2-Person volunteer or would like to receive a weekly friendly call, please call our office at 352-9348. There is a quick training session and will be given the necessary materials to assist you in your calling.

Mark your calendar for our event on Grandparents Day, September 11, 2011, entitled Sundae in the Park held at Sanborn Park in Greeley. The event is free and everyone is invited. There will be refreshments and activities for all ages.

Help Senior Resource Services and the Environment by Recycling

Please help us by recycling your used inkjet and laser print cartridges, cell phones, laptops, iPods, digital cameras, GPS devices, PDAs DVDs and Video Games and Consoles. Just drop your items by our office at 1802 16th St. As a fundraiser CFK will pay SRS for the items we donate. This is an easy and hopefully a profitable fundraiser for us and we appreciate your help. If you know of a company or business willing to recycle we will get them set up and their items would be added to our fundraiser. All funding received is kept right here in Weld County to help our Seniors. If you refer us to a company or organization that agrees to recycle for SRS, you will receive a gift card for our appreciation.



Volunteer Spotlight

Faith Allis, Nina Cook, Beth Johnson

If you are a volunteer and you mail, hand deliver, or complete your volunteer activity log on line by the 7th of each month then we enter your name into a drawing. The monthly winners are listed below:

- **Faith Allis** received a Safeway gift card. Faith has volunteered with SRS for a year and lives in Windsor where she helps provide transportation for our northern Weld clients. Faith enjoys reading, knitting, traveling and spending time with family.
- **Nina Cook** has been volunteering for SRS since October 2010. She has extensive volunteer experience. She has volunteered for her church, United Way, American Cancer Society which is just a few of the organizations she has assisted. Nina received a gift card to Red Robin restaurant as a thank you for turning in her February hours by the 7th of March.
- **Beth Johnson** received a Safeway gift card. Beth is also a volunteer for Northern Weld County and has volunteered at many organizations. She enjoys reading, gardening, biking, camping and knitting.

Another way for our volunteers to receive gift cards is to refer a friend to us that would like to volunteer.

SENIOR SCROLL

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Your Motivation to Volunteer

- To help a cause in which you personally believe
- To use your skills and experiences
- Because you have been personally affected or know someone who has been personally affected by the cause that the organization supports
- To explore your own strengths
- To fulfill religious obligations or beliefs
- Because friends volunteer

Your time is a gift to others. Please call 352-9348.

FOUR YEARS OF PROVIDING SERVICE TO OUR SENIORS

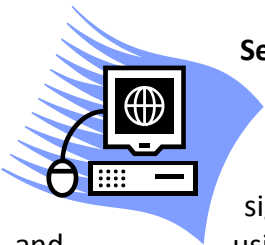


Senior Resource Services turned four years old in April. This past year our client base has grown by 28% and the number of volunteers by 27%. We now serve 236 seniors with the help of 139 volunteers in all of Weld County.

As the number of our clients and volunteers increase so must the number of staff hours. To keep our budget to a minimum, everyone who works in the office is part-time and we utilize student interns to help with special projects. If you should call the office and no one picks up the phone, please leave a message. We listen to our messages daily, but we may be away from the phone for a short time. Just like all small businesses, all of the office staff wears multiple hats to keep our doors open and providing the assistance needed.

We continue to add special projects to assist Seniors. This past year we gave free medication reminders to those Seniors who requested one. (We still have 2 left. If you would like one, please call the office). Soup in a Sack was a special treat given on Valentine's Day to those Seniors in need. The sack was filled with food and personal items. The **Senior Yellow Pages**, is a directory of phone numbers that Seniors use in an easy to read format. The **Yellow Pages** were a huge success and we gave away 100s to our clients, volunteers and to participants at health fairs. We're hoping to receive funding to print a new updated version soon.

WEBSITES FOR SENIORS



SeniorNet – This Web site's mission is to provide access to computer technology for older adults. As a result, senior citizens will be able to gain more knowledge and wisdom and eventually share it with others. This site is basically set up as a discussion board. Everyone is welcome to participate in the SeniorNet Round Table discussion groups. You just have to sign up for the boards and then you will be able to learn and teach others about computers and using the Internet.

SeniorLink – This site is mainly helpful for senior citizens in maintaining independence in their own homes. The developers of this site want seniors to be able to do this safely and with dignity. This site even offers some help for children who have aging parents. It gives advice on making the difficult choices that come with the elderly care of their parents. This site does have some parts that require a paid subscription, but you can access free information in the Caregiver FAQ and Top Elder Risks sections.

BLESSED IN AGING

-Esther Mary Walker

Blessed are they who understand
My faltering step and shaking hand
Blessed, who know my ears today
Must strain to hear the things they say.

Blessed are those who seem to know
My eyes are dim and my mind is slow
Blessed are those who look away
When I spilled tea that weary day.

Blessed are they who, with cheery smile
Stopped to chat for a little while
Blessed are they who know the way
To bring back memories of yesterday.

Blessed are those who never say
“You’ve told that story twice
today”
Blessed are they who make it
known
That I am loved, respected and
not alone.

And blessed are they who will
ease the days
Of my journey home in loving
ways.

